

You can receive SNAP if you meet the following requirements:

- You live in Virginia.
- Someone in your household is a U.S. citizen or an eligible noncitizen. (See more under 'Quick Tips'.)
- Someone in your home has a Social Security number or is willing to apply for one.
- You will comply with work requirements, unless exempt.

You meet the gross and net income guidelines described below, OR someone in your household receives Temporary Assistance for Needy Families (TANF), or all household members receive TANF, General Relief - Unattached Child, or SSI.

- You do not have more household resources than the limit of \$ 3,500 for households that have a senior (60+) or disabled member or \$ 2,250 for other households.

You are not a fleeing felon, in violation of probation, have not been convicted of drug distribution, or possession with the intent to distribute, and are not disqualified from SNAP for an intentional program violation.

- You do not receive a school meal plan that covers the majority of meals that you consume.

If you are a college student, please also see 'Quick Tips' about the income for most other benefits.

### Students

If you are a college student enrolled at least half time and between the ages of 18 and 49, you **MUST** meet an additional requirement. Several common criteria are listed below:

- You have a disability
- You work an average of 20 hours per week
- You participate in work study
- You care for certain dependent household members

Learn more at <https://www.fns.usda.gov/snap/students>.

### Immigrants

If you are a noncitizen who has resided legally and permanently in the U.S. for at least five years, you should be eligible for SNAP. If you receive disability benefits, have a special status, such as refugee, or are under the age of 18, you may be eligible for Supplemental Nutrition Assistance Program (SNAP) pay for food, freeing up money spent on other essential items, like rent or college, electronically transferred to a card each month to use to pay for groceries.

## WHAT ARE THE MONTHLY INCOME LIMITS TO GET SNAP<sup>1</sup>

Household Size	Gross (Pre-Tax) Income *	Net Income (Gross Income minus Allowable Deductions)	Maximum Benefit Amount
1	" 2,147	" 1,074	" 250
2	" 2,904	" 1,452	" 459
3	" 3,660	" 1,830	" 658
4	" 4,418	" 2,209	" 834
5	" 5,174	" 2,587	" 992
6	" 5,930	" 2,965	" 1,190
7	" 6,688	" 3,344	" 1,316
8	" 7,444	" 3,722	" 1,504
Each Add'l Member	" 757	" 379	" 188

\*Some households may still be eligible if their incomes exceed these amounts if they have a member who is disabled and/or 60 or older.

## Application

### WHAT DOCUMENTS AM I REQUIRED TO SUBMIT TO THE DEPARTMENT OF SOCIAL SERVICES<sup>1</sup>

You may need to provide proof for all the items below that apply to you to get the maximum benefit available to you, but your application will not be processed without verification of your identity, address, Social Security numbers, citizenship status, and income. If you cannot find the right documentation, your local Department of Social Services office can assist you.

#### Y Proof of Identity

- Z DRIVER'S LICENSE
- Z U.S. PASSPORT
- Z OTHER PHOTO I.D., ETC.

#### Y Proof of Address, unless homeless

- Z CURRENT RENT RECEIPT OR LEASE
- Z CURRENT MAIL
- Z STATEMENT FROM LANDLORD, ETC.

#### Y Proof of Age/Date of Birth

- Z BIRTH CERTIFICATE
- Z DRIVER'S LICENSE
- Z HOSPITAL RECORDS, ETC.

#### Y Proof of Social Security Number, if it cannot be verified electronically

- Z SOCIAL SECURITY CARD

#### Y Proof of Citizenship or Immigration Status

- Z U.S. PASSPORT
- Z NATURALIZATION CERTIFICATE
- Z USCIS DOCUMENTATION, ETC.

#### Y Proof of Earned and Unearned Income

- Z WAGE STUBS AND STATEMENTS OF TIPS FOR THIS MONTH AND LAST MONTH
- Z LETTER ON LETTERHEAD FROM EMPLOYER
- Z BENEFIT AWARD LETTERS
- Z CHECKS, OTHER STATEMENTS, ETC.

#### Y Proof of Housing Costs

- Z CURRENT RENT RECEIPT
- Z LEASE, MORTGAGE RECORDS, ETC.

#### Y Proof of Utility Costs

- Z FUEL BILLS/SHUT-OFF NOTICE
- Z NON-HEATING UTILITY BILLS
- Z TELEPHONE BILLS, ETC.

#### Y Proof of Medical Bills for disabled household members or those 60 and over

- Z COPY OF BILL AND PROOF OF PAYMENT, IF PAID

#### Y Proof of Court-Ordered Child Support Payments

- Z COURT ORDER

---

### 3 SUBMIT MISSING DOCUMENTS

Submit documentation to verify all the information you provide on your application as early in the application process as you can. Your SNAP worker will tell you if you need to submit additional documentation, and give you a timeline to provide it.

---

### 4 WATCH AND WAIT

The Department of Social Services will see if you and/or your family qualify for SNAP and will send you a Notice of Action with a case number. You can also track your application through [Virginia Connections](#) [dd" "Yg1](#) / [ell ye un](#)

---

# Keeping Your SNAP Benefits

---

## Work Requirements

Some individuals are required to work or look for work in order to get SNAP. However, there are many people who are exempt, such as those who are under age 18 or 50+ / a

## Additional Information

---

### Helpful Phone Numbers and Websites

Virginia Common Help Application Call Center : 1-855-635-4370

Virginia Hunger Solutions: 804-782-9430x17

Virginia Hunger Solutions SNAP Information: <http://vahungersolutions.org/snap/>

Virginia Department of Social Services - SNAP: <http://www.dss.virginia.gov/benefits/snap.cgi>

Common Help: <https://commonhelp.virginia.gov/access/>