



Emergency Mental Health Crisis Services

Service	Name	Contact/Hours	Details
Crisis Phone Line	National Suicide Prevention Hotline	(800)273-8255 24 hours, seven days a week	Speak with a live person any time, day or night, during a crisis.
Crisis Text Service	National Crisis Text Line	Text "home" to 741-741 24 hours, seven days a week	Text confidentially with a live person any time, day or night, during a crisis.
Crisis Phone Line	Rappahannock Rapidan Community Services Hotline	(540)825-5656 24 hours, seven days a week	Local crisis line available day or night to talk to a live person.

Non-Emergency Mental Health Services

Service	Name	Contact/Hours	Details
Community Services Board	Rappahannock Rapidan Community Services	15361 Bradford Rd. Culpeper, VA (540)825-3100	
*Same Day Services		Monday-Friday 8-5	
*By Appointment Services			